


September 2022 - LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breaded Chicken Tenders Steamed Rice, Steamed Corn, Edamame, Sliced Peaches	2 Roast Turkey W/ Gravy Mashed Potatoes, Zucchini Sticks, Steamed Carrots, Diced Pears
5 NO SCHOOL In observance of LABOR DAY 	6 Fish Sandwich Wedges Fries, Veggie Sticks (Celery or Cucumber), Baked Beans, White Grape Peach Slushy	7 Spaghetti w/ Meat Sauce Green Salad, Cucumber, Edamame Fresh Fruit , French Bread	8 Hot Dog In Bun Tater Tots, Cole Slaw, Apple Crisps	9 Roast Turkey w/ Gravy Steamed Rice, Steamed Broccoli Baby Carrots, Cran Razz Juice
12 Tasty Tenders Steamed Rice, Veggie Sticks, Edamame/ Baby Carrots, Applesauce	13 Chicken Sandwich Emoticons Potatoes, Tomato Slice/ Lettuce. Edamame, Fresh Fruit	14 Beef Chili Nacho Green Salad, Strawberry Kiwi Juice, Salsa	15 Beef Patty w/ Gravy Steamed Rice, Steamed Broccoli/ Corn, Fresh Fruit	16 Kalua Pork with Cabbage Steamed Rice Diced Tomato w/ Green Onion Pineapple Chunks
19 Mac & Cheese Baby Carrots, Edamame, Fresh Fruit, Sliced Peaches and Whole Grain Roll	20 Pepperoni Pizza Veggie Sticks, Steamed Corn, Fresh Fruit	21 Beef Curry Steamed Rice, Steamed Corn, Broccoli, POG Slushie Whole Grain Roll	22 Tuna Sandwich w/ Chicken Noodle or Garden Vegetable Soup Cherry Tomato, Veggie Sticks (Celery or Cucumber), Fresh Fruit	23 Asian Chicken Steamed Rice, Steamed Broccoli, Baked Beans, Apple Chips
26 Cheese Bites Veggies Sticks (Celery and Cucumber), Marinara Sauce, Concord Berry Slushy	27 Creole Mac w/ Cheese Green Salad, Edamame Applesauce	28 Hamburger Potato Wedge, Fries, Lettuce with Tomato Slice, Fresh Fruit	29 Breaded Chicken Tenders Steamed Rice, Steamed Corn, Edamame, Sliced Peaches	30 Roast Turkey W/ Gravy Mashed Potatoes, Zucchini Sticks, Steamed Carrots, Diced Pears

Menu Subject to Change without Notice.

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